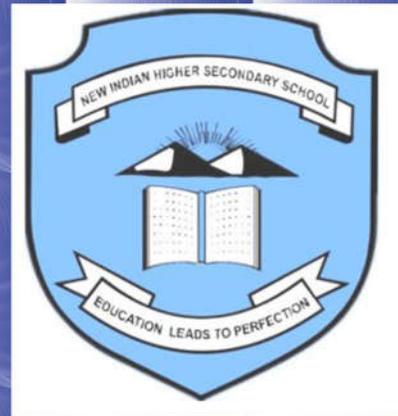


VIRTUAL New Indian School

Ras Al Khaimah



E - SAFETY NEWSLETTER - 2020



Stay safe online

NEW INDIAN HIGHER SECONDARY SCHOOL

New Indian Higher Secondary School established and administered by a private management began functioning from 1981. Our School is an unaided institution recognized by the Govt. of Kerala, India and Govt. of U.A.E, approved by M.O.E, U.A.E and licensed by R.A.K Municipality. We follow Kerala Syllabus accepted by SCERT leading to S.S.L.C. and H.S.E. examinations of the Kerala Govt. The medium of instruction is English. We strive to provide the best of modern educational experience to the young minds.

OUR MISSION

- ✦ Provide Learner Centric Education to Cultivate Independent Thoughts.
- ✦ Educate All in a Safe and Supportive Environment of a Culturally Diverse Society.
- ✦ Nature Environment Friendly Pupils.
- ✦ Value and Culture Based Education.

OUR VISION

Educate the children to make them independent, responsible & highly successful citizens.

OUR MOTTO

“Education leads to Perfection”

OUR E SAFETY GOAL

Allow school access to guidance laid down by aqdar and resources to support for the improvements of school's e-safety



Principal's Desk



The Safety of our children, Staff and school community is a top priority for us and has been the core consideration in these online classes. With technology playing an ever-increasing part of children's lives, the importance of teaching e-safety in schools has never been more important. Children should have a clear understanding of online safety rules and expectations, to be able to protect themselves and stay safe online. Through regular communication and open discussion, schools and parents can help to keep children safe online wherever they are and through whichever device they are using. So, we are committed to creating and maintaining a safe online environment.

Dear students please ask for the help of our teachers and Counsellor whenever required.

Nis e-safety leader's desk



Greeting NIS

Nowadays information technology plays an important role in our lives. It helps with finding, gathering and organizing information. Moreover, it has a crucial role in communication. However, if children or even adults use it in a wrong way, it can lead to serious problems and can cause harm.

NIS realizes that:

- **Every student has the right to be protected equally from any harm or danger, despite his age, gender, religion, culture, physical abilities.**
- **It is crucial that parents and guardians work closely with the school to protect the children and provide them with a harm free environment regarding e-safety.**
- **The students' and young people's wellbeing is related to the way the school governs the approach to the use of technology and management of electronic communication technologies.**

NIS promotes e-safety through different procedures, such as:

- **Assigning an e-safety coordinator.**
- **Elaborating a set of procedures that have specific directions to staff and volunteers on the proper usage of ICT.**
- **Teaching students appropriate ways of using technology to help them in their life and at the same time respecting others and keeping them safe.**
- **Assisting and showing parents and guardians certain ways to keep their children safe when using the Internet, mobile phones and game consoles.**
- **assimilating standards into the codes of conduct both for staff and volunteers and for children and young people about safe and appropriate usage of following up e-safety agreements for use with young people and their parents**

NIS Child safety officer's desk



Dear students and parents,

Child protection is the safe guarding of children from violence, exploitation, abuse and negligence.

There is nothing more important to us than the physical and emotional health and well-being of our students and staff alike. We recognize that everyday we are trusted with the most precious members of our families. As such we have created and work hard to maintain an environment wherein staff, students and parents feel able to articulate concerns comfortably, safe in the knowledge that effective action will be taken, according to Ethic & Child Safety Management discussions.

Dear students,

If you are a victim of cyber-bullying or getting abusive calls or messages, you must speak to your family member immediately, that person could be a parent/guardian, or a member of child safety or you can directly contact me.

Finally,

We encourage all the respected parents to download the child safety policies and read it carefully. Any query or further details please don't hesitate to keep in touch with me / our team leader.

It is recommended, as a victim (up on any unexpected incident happened) you must bring it to knowledge of a Child Safety Officer.

Thank you for your understanding as we continue to work together during this difficult and unprecedented time.

Your cooperation and closely work together to protect our children are always highly appreciated.

NIS School counsellor's desk



Dear Students and Parents,

The student's safety and wellbeing is our key priority as well as the staff. There is nobody else like YOU. The importance we give our mental health is as much as important as we take care of our physical health. Our NIS is really concerned about the students and families wellbeing, and to ensure that we do follow up with everyone. So that we know every student is in a healthy environment and if not we help them.

Dear students, so I urge you to speak up. Open up to your closest family members and also to the concerned teacher and in any case you can also contact me.

Also, I request the parents and students to go through the e-safety policy that NIS provide. Therefore, we ensure you that we are here, if anything bothers you then please don't hesitate to contact us.

COVID - 19 AND THE CORONAVIRUS

Stay informed. Stay healthy.



What is Novel Coronavirus (COVID-19)?

Novel Coronavirus (COVID-19) is a new strain of coronavirus which may cause illness in animals or humans. In humans, several coronaviruses are known to cause respiratory infections ranging from the common cold to more severe diseases. First identified in a cluster with pneumonia symptoms in Wuhan city, Hubei province of China.



The most common symptoms of COVID-19 are:

- **Fever**
- **Tiredness**
- **Dry cough**
- **Some patients may have aches and pains, nasal congestion, runny nose, sore throat or diarrhoea.**

These symptoms are usually mild and begin gradually.

COVER YOUR COUGH AND SNEEZE



Stop the spread of germs that make people sick



When you cough or sneeze
cover your nose and mouth
with a tissue



or

Cough or sneeze into your
elbow, not your hands.



Throw away your tissue!

Clean your hands after
coughing or sneezing.

Thanks!



Building a
Better Health
Service

Seirbhís Sláinte
Níos Fearr
& Forbairt



Students: Let's work together to stop the spread of COVID-19

DID YOU WASH YOUR HANDS?

stop



think



wash hands



ASK YOURSELF:

Did I just go to the bathroom?

Am I about to eat?

Did I just eat?

Did I cough or sneeze?

Did I touch supplies or objects
that other people have touched?

Did I touch garbage?

Did I touch my mask?

If you can't wash your hands,
ask your teacher or another
adult for hand sanitizer.

E- SAFETY TIPS



Don't post any personal information online – like your address, email address or mobile number.

Think carefully before posting pictures or videos of yourself. Once you've put a picture of yourself online most people can see it and may be able to download it, it's not just yours anymore.

Never give out your passwords to anyone

Don't befriend people you don't know, Remember that not everyone online is who they say they are

Don't meet up with people you've met online. Speak to your PARENT or PEER TEACHER about people suggesting you do

Think carefully about what you say before you post something online

Respect other people's views, even if you don't agree with someone else's views doesn't mean you need to be rude

Talk to your parents or peer teacher before you open an email attachment or download software. Attachments sometimes contain viruses. Never open an attachment from someone you don't know.



BEWARE
WHAT YOU SHARE

ONLINE SAFETY
IT STARTS WITH
YOU!

Tips if you're being bullied online



Tell an adult you trust or peer teacher if you are being cyber bullied.

Don't respond or retaliate to bullying messages – it could make things worse

Block users who send you nasty messages

Save abusive emails or messages (or texts) you receive

Make a note of dates and times you receive bullying messages, as well as details you have of the user's ID and the url.

Don't pass on any cyber bullying videos or messages – this is cyber bullying

If you are bullied repeatedly change your user ID, or profile, and use a name that doesn't give any information away about you



Tips for mobile phone safety



If the problem is serious you can report it to the police, cyber mentors, or child line.

Don't reply to any nasty messages you receive.

Don't reply to a text from someone you don't know.

Keep the messages you have been sent so you can show them to a trusted adult and make a note of the time and date of the messages or calls you receive.

Don't answer calls from withheld numbers or numbers you don't recognise, let it go to voicemail.

Block numbers from people who are sending you nasty messages.

If you are bullied repeatedly can change your number.

Don't give your mobile number to someone you don't know.

If the problem is serious you can report it to the child safety officer



Digital leaders develop alternative online safety education facility in school

We consider the safety of the children of paramount importance. In a modern world, this includes ensuring they are safe on the internet and with the technology they use. The internet is a wonderful resource that we all make use of, however it can be a dangerous place to be. In school we educate the children, throughout their time here, about what those dangers are and how they can protect themselves from them. We have a system in place which filters what the children are able to see and do whilst using the internet in school. Children also know who Hector the dolphin is and how to use him to keep them safe on the computers. We have established Digital Leaders at New Indian School, consisting of pupils and staff, along with a local PCSO representative. We have representatives from each class, whose job it is to keep the rest of the school informed and up to date when it comes to E-Safety. Digital Leaders can also offer technical support and help in computing lessons.



Reporting & Mobile Devices

Cyber security are techniques generally set forth in published materials that attempt to safeguard the cyber environment of a user or organisation. It manages the set of techniques used to serve the integrity of network, programs and data from unauthorized access. It refers to the body of technologies, processes and it may also be referred to As an information technology security. The field is of importance due to increasing reliance on computer system, including smart phones, television and the various tiny devices that constitute the internet of things. The internet has made the world smaller in many ways but it has also opened us up to influence that has never before been so varied and challenging. As fast the security grew the hacking world grew. Our school has a Cyber Security Team to report online safety incidents at any time at any issues arise. Incident report form has been distributed among parents and teachers, if any issues or incidents occur in school premises.

If any incidents recorded by the member of staff the report should be passed on to the principal, the school ICT coordinator, counsellor and also the designated lead for safe guarding if there is a child protection concern. Need to be aware of what to do if they are a victim of an online threat. They can be encouraged to report threats to a teacher, a school counsellor, another trusted adult, and the online service provider, if appropriate. Encourage the child to keep personal information private on the internet. If any issues arise reports to principal, school safety officer, ICT co coordinator will coordinate and evaluate all the activities of school safety teams



Whole School & Strategies for Managing Unacceptable Use Policies

Whole School

This policy applies to all members of the School community, including staff and volunteers, students, parents and visitors, who have access to the School's Technology whether on or off School premises, or otherwise use Technology in a way which affects the welfare of other students or any member of the School community or where the culture or reputation of the School is put at risk.

Strategies for Managing Unacceptable Use

Unacceptable behavior (including bullying, harassment and victimization), may involve actions, words or physical gestures that could reasonably be perceived to be the cause of another person's distress or discomfort.

Bullying or harassment may be by an individual against an individual or involve groups of people.



Policy & leadership

A 3. 2 MANAGING DIGITAL CONTENT

In a traditional model of teaching, the teacher is the source of knowledge. Learning is based on one-dimensional materials that are directly connected to curriculum content and skills. Students are now at the centre of their learning and use today's technology and resources in ways very different from traditional learning materials. They access multiple sources, customize material to suit their needs, mix various media to create new learning, and then share it with unlimited peers through their social networking sites.

And as we transition from traditional teaching and learning approaches to digital and interactive ones, we have carefully planned and prepared the learning environment

To enable an effective school learning environment, we at NIS have implemented various policies viz:

- 1. BYOD POLICY: The BYOD policy has been designed to ensure that all members of the school community are given the opportunity to develop the necessary digital literacy skills to thrive in the digital age.**



Policy & leadership

2. **DATA PROTECTION POLICY:** A Data Protection Policy is a statement that sets out how your organization protects personal data. It is a set of principles, rules and guidelines that informs how you will ensure ongoing compliance with data protection laws.
3. **ICT POLICY:** This policy aims to use ICT and computing as a tool to enhance learning throughout the curriculum;
4. **ICT PUPIL & STAFF ACCEPTABLE POLICY:** This policy ensures that before using the internet with pupils, the staff has had the opportunity to discuss how they will deal sensitively with inappropriate use. The following policy helps to define appropriate and acceptable use by both staff and pupils.
5. **INTERNET FILTERING POLICY:** This policy ensures that access to personal data is securely controlled in line with the school's personal data policy
6. **PASSWORD SECURITY POLICY:** A password policy is a set of rules designed to enhance computer security by encouraging users to employ strong passwords and use them properly.

Safeguarding and Child Protection Policy
Anti-Bullying Policy
Behavior Policy (including school sanctions)
Acceptable Use Policies
Data Protection Policy

MONITORING:

- **Logs of reported incidents**
- **Internal monitoring data**
- **Surveys/questionnaires of students, parents & staff**

This policy provides guidance on the procedures that will support and underpin the use of social networking and other online services within our school. It is important for the whole school community. Important points of OSP are as follows

- **Pupil in year 6 and above can bring mobile phones in for emergency use only. Phones are handed in to the class teacher in the morning and collected at the end of the day. School takes no responsibility for the loss or damage**
- **Phone is not to be used on school premises. Under no circumstances should they be used to take photographs or videos of others**
- **Students must use computers appropriately, agree to all rules of etiquette established by the new Indian School and sign a statement acknowledging their understanding and acceptance of**

Safeguarding and Child Protection Policy
Anti-Bullying Policy
Behavior Policy (including school sanctions)
Acceptable Use Policies
Data Protection Policy

- **Neither Internet content nor the work of classmates will be cut, copied, or plagiarized.**
- **Students will use computers with consideration and respect. They are prohibited from accessing, posting, submitting, publishing, or displaying harmful matter or material that is obscene, threatening, disruptive, or sexually explicit; that could be construed as harassment, disparagement, or cyber bullying of others.**
- **Students will communicate via e-mail or instant messaging through what's app to teacher cautiously and with discretion. NIS reserves the right to monitor any online communication(s) for improper use.**
- **Keep personal account numbers, home addresses, and telephone numbers private and protect and keep secret any passwords issued for course access.**
- **Report any communications that are inappropriate, or which make them feel uncomfortable to the teacher, or IT LEADER**

Safeguarding and Child Protection Policy
Anti-Bullying Policy
Behavior Policy (including school sanctions)
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Data Protection Policy

Dear Parents,

Start off by talking to your child about their online activity; what games do they play; who do they talk, chat or text to; have they ever had any problems?

The biggest factor here is trust. Children need to know that you understand them, and that they can come to you with a problem.

Some great tips

Be aware – your child could be a bully, or be bullied.

Get involved – talk to your children.

Remind your child – not to reply to bullying messages.

Keep the evidence – and show someone.

Report cyber bullying – to your school and/or service provider; In serious cases report to the Police.



Education

This element reflects the importance of effective education and training for all stakeholders, in order to ensure that users know and understand the need for safe and secure use of computer systems and mobile devices – both in school and in the wider community

Digital access is the first element that is prevalent in today's educational curriculum. Recently, schools have been becoming more connected with the internet, often offering computers, and other forms of access. This can be offered through kiosks, community centres, and open labs. Students should be encouraged to utilize technology with responsibility and ethical digital citizenship promoted. Education on harmful viruses and other malware must be emphasized to protect resources. A student can be a successful digital citizen with the help of educators, parents, and school counsellors.

CHILDREN AND YOUNG PEOPLE

ONLINE SAFETY EDUCATION

As part of the curriculum and the development of computer skills, we provide access to the internet only in teacher supervised lessons. We strongly believe that the use of the web and email is hugely worthwhile and an essential tool for children as they grow up in the modern world. But because there are always concerns about children having access to undesirable materials, we have taken positive steps to deal with this risk in school. Our school internet access provider operates a filtering system that restricts

Education

The School planning and coordination of the curriculum for e-safety were very effective, with all subjects taking responsibility. The staff were supported by senior leaders. The terms of their e-safety ensured that pupils knew what to do when things went wrong.

DIGITAL CITIZENSHIP

Children also develop positive feelings of accomplishment from mastering new knowledge and skills using digitized Not viewing accessing or downloading illegal; and inappropriate content on the internet. Being respectful of the people in online.

‘Digital Learning Makes Students Smarter’

Learning tools giving them the confidence they need to want to learn even more new things. It is commendable that millions of courses by the best educators are available for free to anyone with an internet connection. The possibilities are endless. A choice of craft, science, photography, and hobby groups allows each student to discover and develop individual creativity and personality.

Education

CONTRIBUTION OF YOUNG PEOPLE

The school will provide opportunities within a range of curriculum areas to teach e-Safety. Educating pupils on the dangers of technologies that may be encountered outside school is done informally when opportunities arise and as part of the e-Safety curriculum.

Pupils are aware of the impact of online bullying and know how to seek help if these issues affect them.

The school Internet access will be designed expressly for pupil use and will include filtering appropriate to the age of pupils. Pupils will be taught what Internet use is acceptable and what is not and given clear objectives for Internet use. Pupils will be educated in the effective use of the Internet in research, including the skills of knowledge location, retrieval and evaluation.

STAFF TRAINING

Motivate employees to learn with micro-credentials. Teaching Digital: School has encouraged staff to think about how Online Safety education can be incorporated into a variety of subject areas and starts off with a quick look at web filtering. Using the web as a research tool leads on to issues of evaluation and copyright and raises the question of why we are teaching children to steal. The need to teach children to think before they post, issues around grooming, cyber bullying.

There is a planned programme of staff online safety training that is regularly revisited and updated for academic staff. There is planning to include pastoral staff and school leaders in the programme. There is 41 clear alignment and consistency with other Child Protection / Safeguarding training. Training needs are informed through audits and the induction programme for new staff includes online safety.

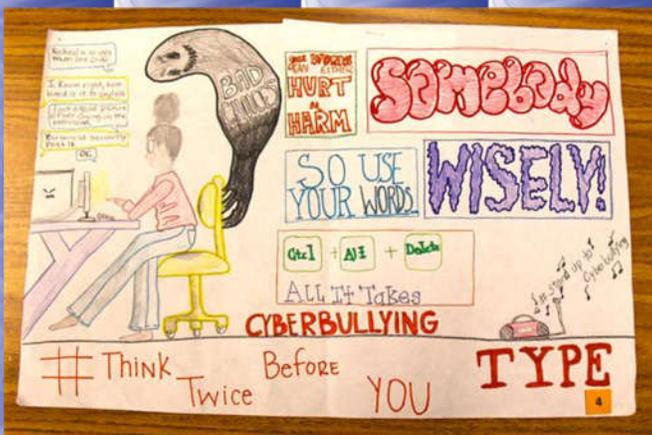
PARENT- ENGAGEMENT IN ESAFETY

Parents play a significant role in supporting their children's health and learning, guiding their children successfully through school processes, and advocating for their children and for the effectiveness of schools.

Enabling parents to take their place alongside educators in the schooling of their children fitting together their knowledge of children teaching and learning, with teachers' knowledge.

Children who hold a parent's hand every time they cross the road are safe. However, unless they are taught to cross the road by themselves, they might not learn to do this independently. A child whose use of the internet is closely monitored at school will not necessarily develop the level of understanding required to use new technologies responsibly in other contexts. School has also Advised Parents should monitor their child's internet use because the internet is filled with unfiltered potential for kids to be exposed to harmful interactions like bullying and harassment, as well as inappropriate content.

Student's Desk



Student's Desk

A - Always
B - Be
C - Careful

Manage social media profiles.

Use strong passwords.

True cyber security is preparing for what's next, not what was last.

Secure your password like your toothbrush!

Security is better when it's built in!

Stop Cyber BULLYING!!

Anupama Prakashan
8-B

BE SMART ONLINE

S **SAFE** Keep your personal information safe. When chatting or posting online don't give away things like your full name, password or home address. Sometimes personal information can be seen in images and videos you share too... Keep them safe to keep yourself safe!

M **MEET** Meeting up with someone you only know online, even a friend or a friend's car, be dangerous as this person is still a stranger! If someone you only know online ever asks you to meet up, for personal information or for photographs, if you then tell an adult. **THINK KNOW!**

A **ACCEPTANCE** Think carefully before you click on or open something online (eg links, adverts, friend requests, photos) as you never know where they may lead to or they may contain viruses. Do not accept something if you are unsure of who the person is or what they have sent you.

R **RELIABLE** You cannot trust everything you see online as some things can be out of date, inaccurate or not entirely true. To find reliable information compare at least three different websites, check in books and talk to someone about what you have found.

T **TELL** Tell a trusted adult if something or someone they makes you feel upset, worried or confused. This could be if you or someone you know is being bullied online.

BE SMART BOTH A SMART
 Remember to always be smart with a heart by being kind and respectful to others online. Make the Internet a better place by helping nervous friends if they are worried or upset by anything that happens online.

RINSHAKK VIII-B

Stay safe Be SMART
 When you use the Internet

S Stay safe Passwords are Private

M Messages must be polite

A Ask before are you download files

R Rules must always be followed

T Tell an adult if you feel unsafe

Abulbakhman Haffaz
8A

FOCUS

Be

Safe

Online

Thank You

Don't Spend alot of hours on yours device

be careful

on Your Computer

Please

KEEP YOUR device secure

Muhammed Aisan
8-A